

Ramblers Welling Walk Telford and Wrekin- for the Telford Big Walk Week 2023

May 29th to June 4th

To take part in these ideally **register, just once**,

online at <https://beta.ramblers.org.uk/wellbeing-walks-sign-up>

or, if this is difficult, you can just turn up for the walk.

More details from www.walkingforhealthtelfordandwrekin.org.uk or

e-mail info@walkingforhealthtelfordandwrekin.org.uk or phone: 07512 123995

Key:



Wheelchair and pushchair friendly

Grade 1: Very few or no gradients. Easy terrain. 15 – 30 mins.

Grade 2: Possible but few gradients, steps or uneven ground. 30 – 60 mins

Grade 3: Definite or likely gradients, steps & uneven ground. Brisk walk. 60 - 90 mins.

TUESDAY May 30th

ASDA Donnington Wood

10:15am

ASDA DONNINGTON WOOD, TF2 7RX

Grade: 2 (90 mins) & 3 (2 walks)

Meet in the overflow car park beyond the petrol station at ASDA Donnington Wood.

Tea/Coffee at own cost possible after the walk.

Horsehay & Lawley Walk

Every Tuesday starting 2:00pm HORSEHAY, TF4 3BT

Grade: 3

Meet at Horsehay Golf Club

Tea/Coffee at own cost possible after the walk.

WEDNESDAY May 31st

Hollinswood & Randlay Walk

10.30am HOLLINSWOOD, TF3 2DN

Grade: 3 (60 mins)

Meet at Hollinswood Pavillion

Coffee/tea provided after the walk.

(Note: this walk only happens on the last Weds of the month)

Coalbrookdale Walk

1:00pm COALBROOKDALE, TF8 7DX

Grade: 3

Meet at the Community Centre, Darby Rd,

Coalbrookdale

Wellington Walk

2:00pm WELLINGTON, TF1 1LX

Grade: 1, 2 & 3 (3 walks)

Meet outside Wellington Leisure Centre

Tea/Coffee at own cost possible after the walk.

THURSDAY June 1st

St Georges

10:30am ST GEORGES , TF2 9LU

Grade: 3

Meet at the car park behind the cricket club

Lilleshall Walk

6.00pm LILLESBALL, TF10 9EJ

Grade: 3

Meet in The Last Inn car park

Refreshments at own cost possible after the walk.

FRIDAY June 2nd

Shawbirch Walk

Every Friday starting 10:15am SHAWBIRCH, TF5 0LW

Grade: 1 (45 mins)  

Grade: 2

Meet at The Woolpack car park

Tea/Coffee at own cost possible in Admaston Community Centre after the walk.